



# Freire

## Charter Wilmington

### BREAKFAST MENU FOR FEBRUARY

*Plain and Chocolate milk is served with each meal.*

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Assorted Yogurt Graham Choc Grips Banana	2 Apple Jacks Cereal Kit Includes: Cereal, apple juice, and Graham Crackers
5 Lucky Charms Cereal Kit Includes: Cereal, Graham Crackers, and Apple juice	6 Cinnamon Iced Pop-tart Banana	7 Apple Whole Grain Muffin Clementine Orange Apple slices	8 Apple Strudel Diced Honeydew	9 Assorted Yogurt Graham Choc Grips Chef's Choice of fruit
12 Fruit Loops Cereal Kit Includes: Cereal, Graham Crackers, and Apple juice	13 Whole Grain Apple Donut holes Banana	14 Chocolate Whole Grain Muffin Clementine Orange Apple slices	16 Assorted Yogurt Graham Choc Grips Fresh Fruit Medley	17 <b>No School PD Day</b>
19 <b>No School President's Day</b>	20 Strawberry Pop-Tarts Banana	21 Blueberry Whole Grain Muffin Clementine Orange Apple slices	22 Cherry Strudel Diced Honeydew	23 Assorted Yogurt Graham Choc Grips Chef's choice of fruit
26 Cinnamon Toast Cereal Kit Includes: Cereal, apple juice, and Graham Crackers	27 Cinnamon rolls Banana	28 Orange Whole Grain Muffin Clementine Orange Apple slices	1 Assorted Yogurt Graham Choc Grips Fresh Fruit Medley	2 Apple Jacks Cereal Kit Includes: Cereal, apple juice, and Graham Crackers