

Freire Breakfast Menu

Plain and Chocolate milk is served with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
24 Chocolate chip Pancakes Fresh Fruit: Whole Apples	25 Strawberry Blast French Toast Fresh Fruit: Clementine Oranges	26 Pigs in a Blanket (Turkey Sausage) Fresh Fruit: Watermelon Chunks	27 French Toast Sticks Fresh Fruit: Apple Slices	28 Blueberry Waffles Fresh Fruit: Chef's Choice
31 Cereal Kits (Assorted Cereal, Graham Crackers, & Apple Juice) Fresh Fruit: Whole Pears	1 Strawberry Pop-tarts Fresh Fruit: Orange Wedges	12 Blueberry Breakfast Bread Fresh Fruit: Pineapple Chunks	13 Chocolate, Chocolate Chip Muffin Fresh Fruit: Apple Slices	14 Strawberry Blast Pancakes Fresh Fruit: Chef's Choice
7 Cereal Kits (Assorted Cereal, Graham Crackers, & Apple Juice) Fresh Fruit: Whole Apples	8 Blueberry Nutri-grain Bar Fresh Fruit: Clementine Oranges	9 Strawberry Go-Gurts w/ Graham Crackers Fresh Fruit: Cantaloupe Chunks	10 Apple Glazed Donut Holes Fresh Fruit: Apple Slices	11 Chocolate Chip French Toast Fresh Fruit: Chef's Choice
14 Cereal Kits (Assorted Cereal, Graham Crackers, & Apple Juice) Fresh Fruit: Whole Pears	15 Eggo Waffles Fresh Fruit: Orange Wedges	16 Chocolate Breakfast Bread Fresh Fruit: Honeydew Chunks	17 Blueberry Muffin Fresh Fruit: Apple Slices	18 French Toast Sticks Fresh Fruit: Chef's Choice
21 Cereal Kits (Assorted Cereal, Graham Crackers, & Apple Juice) Fresh Fruit: Whole Apples	22 Maple Pancakes Fresh Fruit: Clementine Oranges	23 Strawberry Go-Gurts w/ Graham Crackers Fresh Fruit: Grapes	24 Apple Glazed Donut Holes Fresh Fruit: Apple Slices	25 Blueberry Waffles Fresh Fruit: Chef's Choice
28 Cereal Kits (Assorted Cereal, Graham Crackers, & Apple Juice) Fresh Fruit: Whole Pears	29 Strawberry Appleway Bars Fresh Fruit: Orange Wedges	30 Pigs in a Blanket (Turkey Sausage) Fresh Fruit: Fruit Medley	1 Chocolate, Chocolate Chip Muffin Fresh Fruit: Apple Slices	2 Blueberry Pancakes Fresh Fruit: Chef's Choice

We operate a Pork and Nut Free Kitchen. Fresh fruit is served Daily, all meals are prepared with Whole Wheat and Grain Products.